

# THE SHEPPEY

if you have any allergies/dietary requirements, please let us know, so we can adapt our dishes for you!  
Please also note that we are not a "free from" kitchen. Trace amounts of nuts and gluten are possible in all dishes

## STARTERS

sharing platter for 2 – deep fried brie, parsnip & chilli dip, artichoke & rosemary dip, focaccia, olives (V)	16
<small>ALLERGENS : GLUTEN / MILK / NUTS / MAY CONTAIN TRACE AMOUNTS OF NUTS, PEANUTS &amp; SESAME</small>	
curried cauliflower soup with lemon oil, focaccia (V) (Vg)	6.5
<small>ALLERGENS : GLUTEN</small>	
goats cheese mousse, chestnut mushrooms, artichoke salad	8
<small>ALLERGENS : MUSTARD / MILK</small>	
mussels, smoked bacon & cider sauce, focaccia	8
<small>ALLERGENS: MOLLUSCS / GLUTEN / MILK / SULPHITES</small>	
fish stew of smoked haddock, mussels, cod, salmon, focaccia, parmesan, fennel & lemongrass romesco	8
<small>ALLERGENS : FISH / MOLLUSCS / SHELLFISH / GLUTEN / NUTS / MILK / SULPHITES</small>	
balsamic tomato tart, cucumber & pesto salad (V)	6.5
<small>ALLERGENS: NUTS / SULPHITES / MUSTARD / GLUTEN / MILK</small>	

## MAINS

beer battered haddock, smashed peas, tartar sauce, leaves, chips	14
<small>ALLERGENS : EGG / MUSTARD / SULPHITES / FISH /</small>	
28 day matured sirloin steak, roasted tomato with bacon & cheddar, mixed leaves, chips	22.5
<small>ALLERGENS: MILK / SULPHITES / MUSTARD</small>	
mussels, smoked bacon & cider sauce, focaccia, chips	16
<small>ALLERGENS: MOLLUSCS / GLUTEN / MILK / SULPHITES</small>	
sheppey beef burger topped with bacon, cheddar, burger sauce, slaw & chips	16
<small>ALLERGENS: MILK / MUSTARD / EGGS / SULPHITES / GLUTEN,</small>	
chickpea & mediterranean veg burger, goats curd, burger sauce, slaw & chips (V) (Vg)	15
<small>ALLERGENS: MILK / MUSTARD / GLUTEN / SULPHITES</small>	
sweet potato tagine, warm couscous salad, cumin flat bread (Vg)	15
<small>ALLERGENS: GLUTEN</small>	
pan fried duck breast, sauté new potatoes, truffle & mushroom cabbage, thyme sauce	18.5
<small>ALLERGENS: MILK / SULPHITES</small>	
fish stew of smoked haddock, mussels, cod, salmon, focaccia, parmesan, fennel & lemongrass romesco	16
<small>ALLERGENS : FISH / MOLLUSCS / SHELLFISH / GLUTEN / NUTS / MILK / SULPHITES</small>	
chicken burger, garlic mayo, cheddar, chips & slaw	15.5
<small>ALLERGENS: MILK, EGGS, MUSTARD, GLUTEN</small>	
pan fried hake, sea food risotto, tenderstem, lemon oil	19.5
<small>ALLERGENS: MILK / SULPHITES / FISH / MOLLUSCS / SHELLFISH</small>	

## SIDES

chips	3.5	greens, tomatoes & cashews	4.5
<small>ALLERGENS : TRACE AMOUNT OF GLUTEN POSSIBLE</small>		<small>ALLERGENS: MILK / NUTS</small>	
mixed leaf salad	4	sheppey slaw	4
<small>ALLERGENS : MUSTARD / TRACE AMOUNT OF GLUTEN POSSIBLE</small>		<small>ALLERGENS : EGG / SULPHITES / MUSTARD</small>	
bread & olives	5	focaccia, oil & balsamic	3
<small>ALLERGENS: GLUTEN</small>		<small>ALLERGENS: GLUTEN</small>	

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## DESSERTS

- dark chocolate pave, nougatine, macerated fruit, raspberry sorbet** 7.5  
ALLERGENS : NUTS  
*paired with: milk chocolate mozart 3*
- passion fruit posset, pomegranate sorbet** 7.5  
ALLERGENS : MILK  
*paired with: grand marnier orange liqueur 4*
- affogato – 1 scoop of ice cream, marshmallow, biscotti, espresso** 6  
ALLERGENS : MILK / NUTS / GLUTEN  
*paired with : frangelico hazelnut liqueur 3.20*
- selection of homemade ice cream & sorbet – ask for todays flavours – 3 scoops** 5.5  
ALLERGENS : PLEASE ASK FOR ALLERGEN INFORMATION WHEN ORDERING ICE CREAMS

If you have any allergies or dietary requirements, please let us know, so we can adapt our dishes accordingly.

Here at The Sheppey we are all about doing things right! We source all of our ingredients as locally as humanly possible; our fruit & veg comes mainly from Melvyn & Sally at Godney Aquaponics, with top ups coming daily from the Bristol markets via Total Produce. Our fish comes straight from the river (Sheppey), but, if our rods let us down, it's in daily from the markets at Brixham with Kingfisher. All our meat is fully traceable to farm and comes to us via P&K Meats in Street.

The bar is fully stocked with as much interest as we can find. Natural and bio-dynamic wines come from Wolf Wines in Bath, and all our wine list is, at the very least, organic practicing. Ales and ciders are all from small local breweries/ cider farms, such as the Bristol Beer Factory and Cheddar Ales. Plus, we will always have a large range of interesting craft beers from around the globe!

We have three lovely rooms available to stay in on site, ask us for more details!  
[thesheppey.co.uk](http://thesheppey.co.uk)