

STARTERS

fish stew of smoked haddock, mussels, cod, salmon,
bread, parmesan, romesco (gfa)

ALLERGENS : FISH / MOLLUSCS / GLUTEN / NUTS / MILK / SULPHITES

antipasti meat sharing platter,
beetroot hummus, pickled green chilli,
caper berries, silver skin onions, mixed olives,
fresh bread, balsamic oil (gfa)

ALLERGENS : GLUTEN / SULPHITES

chargrilled asparagus, toasted bread,
wild garlic hollandaise, pouched hens egg,
frilly salad (v)(gfa)

ALLERGENS: MILK / SULPHITES / EGG/ GLUTEN

sesame & ginger pan fried tuna steak,
caramalised shallot puree, burnt chicory,
pickled ginger & soy jus

ALLERGENS : SESAME / SOYA / SULPHITES / FISH / GLUTEN

samphire bhaji, celeriac puree, pickled sultanas
beetroot & apple remoulade, frilly salad (gf)(vg)

ALLERGENS: SULPHITES / MUSTARD D

SIDES

chips (vg)(gf)

ALLERGENS : NONE

warm greens, tomatoes & cashews (vg)(gf)

ALLERGENS: NUTS

mixed leaf salad (vg)(gf)

ALLERGENS : MUSTARD / SULPHITES

sheppey slaw (vg)(gf)

ALLERGENS : SULPHITES / MUSTARD

bread & olives (vg)(gfa)

ALLERGENS: GLUTEN / SULPHITES

truffle & parmesan chips (v)

ALLERGENS: MILK

peppercorn sauce or blue cheese sauce (gf)

ALLERGENS: SULPHITES / MILK

MAINS

fish stew of smoked haddock, mussels, cod, salmon,
bread, parmesan, romesco (gfa)

ALLERGENS : FISH / MOLLUSCS / GLUTEN / NUTS / MILK / SULPHITES

sheppey dry aged beef burger, cheddar cheese, truffle
mayonnaise, bacon, gherkins dressed mixed leaf salad,
sheppey slaw & chips (gfa)

ALLERGENS : MILK / MUSTARD / SULPHITES / GLUTEN / SESAME

crispy beer battered haddock, smashed peas, tartar
sauce, lemon wedge, mixed leaves, chips (gf)

ALLERGENS : MUSTARD / SULPHITES / FISH

crispy sun-blushed tomato battered jack fruit,
smashed peas, tartar sauce, lemon,
mixed leaves, chips (vg)(gf)

ALLERGENS : MUSTARD / SULPHITES

chargrilled cajun chicken burger, sweet corn
relish, tarragon mayonnaise, dressed mixed leaf salad
sheppey slaw & chips (gfa)

ALLERGENS : MUSTARD / GLUTEN / SULPHITES / SESAME

thai style laksa, vermicelli noodles & vegetable broth
chargrilled pak choi, hoisin tofu bao bun, tomato & red
chilli sambal (vg)(gfa)

ALLERGENS : CELERY / SULPHITES / GLUTEN/ SOYA

pan fried chicken supreme, potato rosti , kale, carrots,
beetroot, sweet potato puree, red wine jus (gf) 28.00

ALLERGENS : SULPHITES / CELERY

pan fried venison steak, mustard & sun blushed tomato
potato cake, celeriac puree, parsnips, green beans,
tenderstem broccoli, red wine jus (gf)(df)

ALLERGENS : SULPHITES / CELERY / MUSTARD

mexican style ragu, butternut squash, sweet potato
baby corn, green peppers, brown rice, black beans,
vegan sour cream, coriander oil (vg)

ALLERGENS : SULPHITES / CELERY

8oz sirloin steak, roasted tomato, flat cap
mushroom, chips, dressed mixed leaves (gf)

ALLERGENS : SULPHITES / MUSTARD

DESSERTS

affogato – 1 scoop of ice cream, biscotti,
toasted marshmallow fresh berries,
espresso(gf) 9.50

ALLERGENS : MILK / NUTS

paired with : frangelico hazelnut liqueur

4.40

plum& balsamic tart, sweet basil sorbet,
glazed plum, shortbread crumb (gf)(vg) 10.50

ALLERGENS : SULPHITES

paired with: somerset cider brandy

5.80

pistachio & almond posset, ginger bread biscuit,
chantilly cream, candied pistachio,
fresh honey comb, chocolate soil (gf)(v) 10.50

ALLERGENS : MILK / NUTS / PEANUTS / SOYA

paired with: salisá amaretto

3.90

limoncello cheese cake, lemon curd,
frozen raspberries short bread, crumb,
raspberry & mint sorbet (v) 10.50

ALLERGENS : MILK / EGG

paired with: raspberry vodka

4.50

selection of home-made ice cream & sorbet
ask for today's flavours – 3 scoops (vga)(gf) 7.50

ALLERGENS : PLEASE ASK FOR ALLERGEN INFORMATION

If you have any allergies or dietary requirements, please let us know, so we can adapt our dishes accordingly, Here at The Sheppey we are all about doing things right! We source all of our ingredients as locally and humanly as possible; our fruit & veg comes mainly from Melvyn & Sally at Godney Aquaponics, with top ups coming daily from the Bristol markets via Arthur David.

Our sourdough bread is from our lovely neighbours at River Bakery. Our fish comes in daily from the markets at Brixham with Kingfisher. All our meat is fully traceable to farm and comes to us via P&K Meats in Street.

please note. we are not a free from kitchen., whilst we take the utmost care to avoid cross contamination. trace amounts of all allergens may be possible in all dishes.

Key:

(v) vegetarian (vg) vegan (vga) vegan option available

(gf) gluten free (gfa) gluten free

(df) dairy free (dfa) dairy free option available

THE SHEPPEY