

STARTERS

fish stew of smoked haddock, mussels, cod, salmon, bread, parmesan, fennel & lemongrass romesco (gfa)
ALLERGENS : FISH / MOLLUSCS / GLUTEN / NUTS / MILK / SULPHITES

antipasti meat sharing platter, coriander & lemon hummus, pickled green chilli, caper berries, silver skin onions, mixed olives, fresh bread, balsamic oil (gfa)
ALLERGENS : GLUTEN / SULPHITES

mussels in a caramalised onion, leek, wholegrain mustard, cider & cream sauce, fresh bread (gfa)
ALLERGENS : MOLLUSCS / GLUTEN / MILK / SULPHITES

sun blushed tomato, olive quinoa, pickled beetroot, kohlrabi remoulade, lotus root (gf)(vg)
ALLERGENS: MUSTARD / SULPHITES

creamy courgette, chilli and mint, soup, croutons, fresh bread (vg)(gfa)
ALLERGENS: CELERY

sesame & ginger pan fried tuna steak, caramalised shallot puree, burnt chicory, pickled ginger & soy jus
ALLERGENS : SESAME / SOYA / SULPHITES / FISH

SIDES

chips (vg)
ALLERGENS : NONE

warm greens, tomatoes & cashews (vg)
ALLERGENS: NUTS

mixed leaf salad (vg)
ALLERGENS : MUSTARD / SULPHITES

sheppey slaw (vg)
ALLERGENS : SULPHITES / MUSTARD

bread & olives (vg)
ALLERGENS: GLUTEN / SULPHITES

truffle & parmesan chips (v)
ALLERGENS: MILK

peppercorn sauce or blue cheese sauce
ALLERGENS: SULPHITES / MILK

MAINS

fish stew of smoked haddock, mussels, cod, salmon, bread, parmesan, fennel & lemongrass romesco (gfa)
ALLERGENS : FISH / MOLLUSCS / GLUTEN / NUTS / MILK / SULPHITES

sheppey dry aged beef burger, cheddar cheese, truffle mayonnaise, parmesan baked egg, bacon, gherkins dressed mixed leaf salad, sheppey slaw & chips (gfa)
ALLERGENS : MILK / MUSTARD / SULPHITES / GLUTEN / SESAME / EGG

crispy beer battered haddock, smashed peas, tartar sauce, lemon wedge, mixed leaves, chips (gf)
ALLERGENS : MUSTARD / SULPHITES / FISH

crispy sun-blushed tomato battered jack fruit, smashed peas, tartar sauce, lemon, mixed leaves, chips (vg)(gf)
ALLERGENS : MUSTARD / SULPHITES

chargrilled cajun chicken burger, sweet corn relish, tarragon mayonnaise, dressed mixed leaf salad sheppey slaw & chips (gfa)
ALLERGENS : MUSTARD / GLUTEN / SULPHITES / SESAME

thai style laksa, vermicelli noodles & vegetable broth chargrilled pak choi, hoisin tofu bao bun, tomato & red chilli sambal (vg)(gfa)
ALLERGENS : CELERY / SULPHITES / GLUTEN/ SOYA

chicken supreme stuffed with tarragon cream mousse potato rosti, kale, carrots, beetroot, carrot puree,

red wine jus (gf)
ALLERGENS : SULPHITES / CELERY / MILK

pan fried venison steak, mustard & sun blushed tomato potato cake, beetroot puree, parsnips, green beans,

tenderstem broccoli, red wine jus (gf)(df)
ALLERGENS : SULPHITES / CELERY / MUSTARD

8oz sirloin steak, roasted tomato, flat cap mushroom, chips, dressed mixed leaves (gf)

ALLERGENS : SULPHITES / MUSTARD

3.50

DESSERTS

affogato – 1 scoop of ice cream, biscotti, toasted marshmallow fresh berries, espresso
ALLERGENS : MILK / NUTS / GLUTEN
paired with : frangelico hazelnut liqueur

plum& balsamic tart, sweet basil sorbet, glazed plum, shortbread crumb (gf)(vg)
ALLERGENS : SULPHITES
paired with: somerset cider brandy

limoncello cheese cake, lemon curd, frozen raspberries short bread, crumb, raspberry & mint sorbet
ALLERGENS : MILK / EGG
paired with: raspberry vodka

dark chocolate mousse, shortbread, coffee crème anglais, honeycomb, raspberries (gf)
ALLERGENS MILK / EGG/ SOYA
paired with: dark chocolate mozart cream liqueur

selection of home-made ice cream & sorbet ask for today's flavours – 3 scoops (vga)(gf)
ALLERGENS : PLEASE ASK FOR ALLERGEN INFORMATION

If you have any allergies or dietary requirements, please let us know, so we can adapt our dishes accordingly, Here at The Sheppey we are all about doing things right! We source all of our ingredients as locally and humanly as possible; our fruit & veg comes mainly from Melvyn & Sally at Godney Aquaponics, with top ups coming daily from the Bristol markets via Arthur David.

Our sourdough bread is from our lovely neighbours at River Bakery. Our fish comes in daily from the markets at Brixham with Kingfisher. All our meat is fully traceable to farm and comes to us via P&K Meats in Street.

please note. we are not a free from kitchen., whilst we take the utmost care to avoid cross contamination. trace amounts of all allergens may be possible in all dishes.

Key:

(v) vegetarian (vg) vegan (vga) vegan option available
(gf) gluten free (gfa) gluten free
(df) dairy free option available

THE SHEPPEY